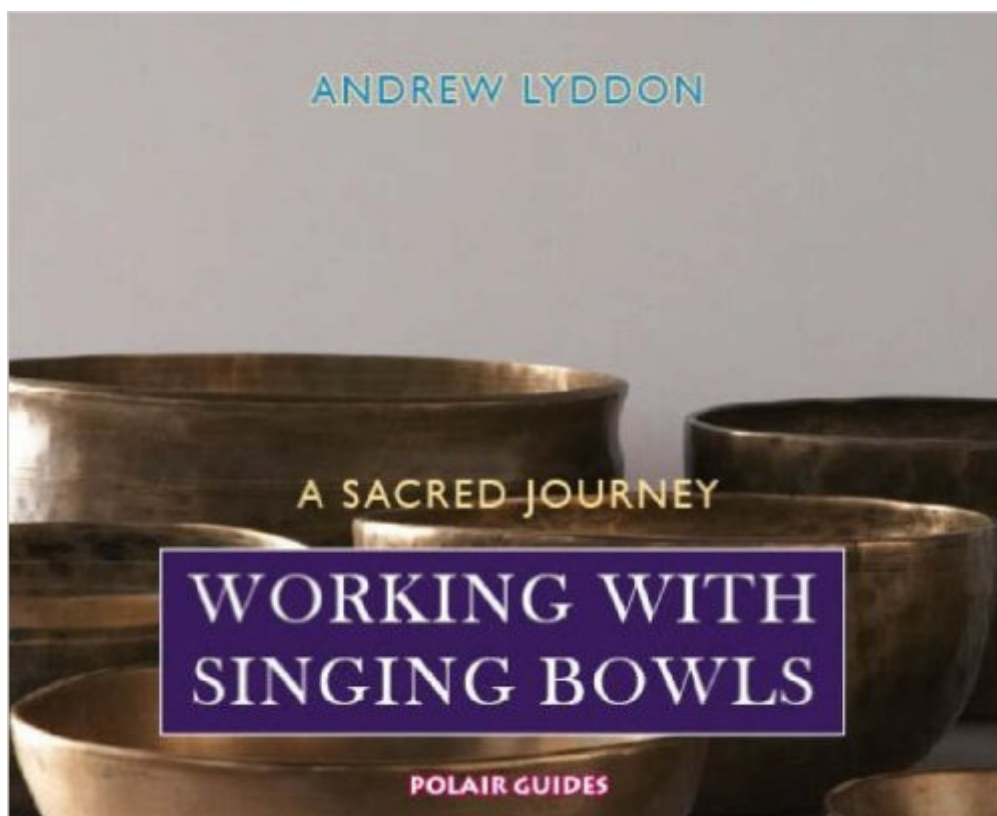


The book was found

Working With Singing Bowls: A Sacred Journey



Synopsis

A book to enable every individual to find contentment and self-realization through the power of sound. Tibetan singing bowls have noble origin which Andrew Lyddon utterly respects in guiding the user into a practice to enhance meditation and enable spiritual growth. It is the path of nada yoga, or union through sound. Andrew's writing, however, is utterly practical and he deals one by one with every question the aspiring player of singing bowls might want to ask.

Book Information

Paperback: 64 pages

Publisher: Polair Publishing (May 1, 2007)

Language: English

ISBN-10: 1905398107

ISBN-13: 978-1905398102

Product Dimensions: 7 x 0.2 x 5.5 inches

Shipping Weight: 4 ounces

Average Customer Review: 3.5 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #1,610,363 in Books (See Top 100 in Books) #124 in [Books > Arts & Photography > Music > Musical Genres > New Age](#) #2328 in [Books > Arts & Photography > Music > Musical Genres > Religious & Sacred Music](#) #4206 in [Books > Religion & Spirituality > Religious Studies > Comparative Religion](#)

Customer Reviews

I have worked with Tibetan bowls for many years. This book takes you on a personal journey with your bowl--welcoming the bowl into your space, working and creating a personal relationship with your bowl, and great alternative ideas on working with sound. I appreciate the openness and sharing from the author--it is a unique book that stand up well in this field. Bea Austin, Psy.D.

When I purchased this book, I didn't realize it was so small. It is only 64 pages. The information was good and to the point, allows you to get started with your bowl very quickly, so achieves everything its small size entails. It covers the basics including interesting short sections on dedicating your bowl and spiritual information that are useful. Overall a good book but a bit overpriced for its size. I am back on to find other books, but it was a good start.

This is really inaccurate. It's completely wrong, bad, misleading - don't read it. The author has

simply copied all the wrong information about singing bowls from the internet and put it into a short book. I regret buying it and I regret reading it.

Haven't worked with it long enough.

[Download to continue reading...](#)

Great Bowls of Food: Grain Bowls, Buddha Bowls, Broth Bowls, and More Working with Singing Bowls: A Sacred Journey Singing Lessons for Little Singers: A 3-in-1 Voice, Ear-Training and Sight-Singing Method for Children: A 3-in-1 Voice, Ear-Training and Sight-Singing Method for Children Rise Up Singing - The Group Singing Songbook: Large Print Leader's Edition Design Your Own Singing Monster (My Singing Monsters) Rise Up Singing: The Group Singing Songbook (15th Anniversary Edition) Cantabile - A Manual about Beautiful Singing for Singers, Teachers of Singing and Choral Conductors It's a Wrap: Sewing Fabric Purses, Baskets, and Bowls Whole Bowls: Complete Gluten-Free and Vegetarian Meals to Power Your Day Grain Bowls: Bulgur Wheat, Quinoa, Barley, Rice, Spelt and More 150 Best Meals in a Jar: Salads, Soups, Rice Bowls and More Breakfast Love: Perfect Little Bowls of Quick, Healthy Breakfasts Fighting for Total Person Unionism: Harold Gibbons, Ernest Calloway, and Working-Class Citizenship (Working Class in American History) Learning to Labor: How Working Class Kids Get Working Class Jobs Working With Independent Contractors (Working with Independent Contractors: The Employer's Legal Guide) Sacred Quartets for All (From the Renaissance to the Romantic Periods): Trombone, Baritone B.C., Bassoon, Tuba (Sacred Instrumental Ensembles for All) Sweet Medicine: Continuing Role of the Sacred Arrows, the Sun Dance, and the Sacred Buffalo Hat in Northern Cheyenne History (Civilization of the ... Civilization of the American Indian Series) Sacred America, Sacred World: Fulfilling Our Mission in Service to All Crystals and Sacred Sites: Use Crystals to Access the Power of Sacred Landscapes for Personal and Planetary Transformation Sacred Trios for All (From the Renaissance to the Romantic Periods): Trombone, Baritone B.C., Bassoon, Tuba (Sacred Instrumental Ensembles for All)

[Dmca](#)